

Amy McClintock, MD, is board-certified in Family Medicine with a Certificate of Added Qualification in Primary Care Sports Medicine. Dr. McClintock earned her medical degree from Saint Louis University School of Medicine in St. Louis. She completed her family medicine residency at Mercy Hospital in St. Louis in 2014 and her sports medicine fellowship at Summa Health System at Akron, Ohio. During her training, Dr. McClintock served as team physician for Kent State University. Since starting practice, she has served as head team physician for Lindenwood University and Southern Illinois University - Edwardsville.

For primary care, she provides routine preventative care as well as managing many of the common medical problems our population experiences. She manages acute and chronic high blood pressure, diabetes, asthma, colds, and respiratory infections, among other conditions.

For non-surgical orthopedic care, Dr. McClintock treats acute injuries such as sprains/strains, sports-related concussions, muscle and joint pain, overuse injuries such as tendinopathy and stress fractures, as well as age-related arthritis. She also performs pre-participation exams and can help guide “return to play” decisions for ill or injured athletes. She additionally has training in the use of musculoskeletal ultrasound and orthobiologic procedures.

Dr. McClintock treats the whole patient, encourages healthy lifestyle changes and collaborates with patients to develop personalized treatment plans. As a primary care and sports medicine provider, she is enthusiastic about helping others stay active and healthy.

Born and raised in St. Louis, Dr. McClintock has been a multisport athlete her entire life. She played college soccer at Rice University. During med school, she started cycling and has now raced bicycles competitively for over 10 years. She spends much of her spare time cycling, enjoying the outdoors, and playing with her new golden retriever puppy, Bailey.